

2020 Wildcat Aquatics Summer Swim Camp

(This camp is at Neuqua Valley in our deep pool only--12 feet deep)

This camp is designed for swimmers that can swim in 12 feet of water and can do side breathing in freestyle. They must also know how to do freestyle and backstroke for 25 yards in deep water with no assistance. **Coaches will NOT be in the water. (All instruction takes place from the side of the pool). We will NOT be testing, so swimmers must be confident in swimming in 12 feet of water with side breathing freestyle. If you are not sure, sign up for our swim lessons that practice in our shallow pool.**

What kind of kids do this camp:

- 1) Swimmers who are comfortable in deep water and looking to be better swimmers.
- 2) Swimmers who have been on a swim team, but are not looking to do regular swim meets. We do NOT require parent volunteers.
- 3) Swimmers on a swim team looking to gain another experience.
- 4) We take ages from 7 years old to 18 years old, assuming they can swim in 12 feet of water and do side breathing without any assistance for at least 25 yards if 7-10 years old and at least 50 yards if 11-18 years old.

What does the camp include:

The camp provides a “swim team experience.” Swimmers will be given workouts by coaches and will be pushed at a faster rate than swim lessons. There are 10 classes per session. We will have a “swim meet” on the last day of each session to time each swimmer in multiple events. Parents are welcome to watch from the balcony.

What does this camp NOT include:

It does not include swim meets against other teams.

It does not have makeup classes.

It does not allow you to change times, you can only attend your assigned time.

Dates and Times? You can find all the dates/times and when to register on the registration form.

REGISTRATION FORM--[CLICK HERE](#) or visit

www.neuquavalleyaquatics.com